

**PLAY YOUR
PART**



INCLUSION ALLIANCE

AUSTRALIA

INCLUSION ALLIANCE COLLABORATION DEVELOPMENTS

In this newsletter:

April 2021

[Bowls Australia](#)

[AFL SportsReady](#)

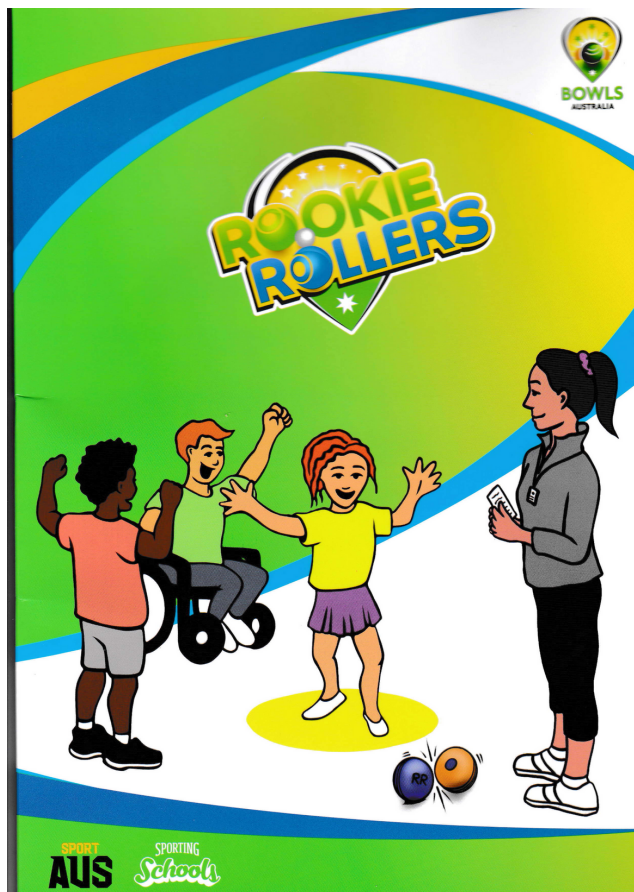
[Inclusion Alliance
Movements](#)

We hope you enjoyed our first newsletter that was sent out in early March 2021. In this new edition we are highlighting the following:

- Bowls Australia's great work in the Sporting Schools Program;
- AFL SportsReady education resources;
- Inclusion Alliance promotional video;
- Update on the Inclusion Alliance Education Modules;
- Update on the Inclusion Alliance.

Bowls Australia Sporting Schools Program

Bowls Australia (BA) and the Inclusion Alliance (IA) have been working together with the aim to increase participation in Lawn Bowls targeting the over 55 age group and school sport. The Inclusion Alliance was invited to give a presentation to Bowls Australia staff and regional managers. Following the presentation Bowls Australia have included our key message of “Leave no one behind” and tips on inclusion and communication into their Rookie Rollers Sporting School education resource kit which includes information guides on warm up, game concepts, lesson plans and skill development. This is a great outcome, a sport driven resource that helps teachers and BA staff to understand access to sport is a right for everybody and quality tips on how to achieve this.



LEAVE NO ONE BEHIND

Access to sport is a right for everybody.
The need to ensure Lawn Bowls has a welcoming environment is paramount; there should be no barriers for people to participate.

HOW CAN THIS BE ACHIEVED?

COMMUNICATION TIPS:

- Identify yourself and other speakers in a group situation, take turns to speak
- Face the person
- Speak clearly and keep explanations brief and simple
- Talk using age appropriate language and use body language
- Use accurate and specific language when giving directions. For example, "the marker is on your left"
- Seek clarification from the participant of their needs and check if help is needed
- Avoid situations where there is competing noise
- Be patient and don't rush instructions
- Face participants when delivering instructions and never channel conversation through a third person
- Check for understanding by asking questions
- Instruct using visual, verbal and kinaesthetic cues
- Use demonstrations to explain verbal instructions
- Be adaptable and flexible in your approach
- Respect all participants for their individuality

ASK THE PLAYERS:

- How can we support one another?
- What is teamwork?
- How can we improve our teamwork?
- Why is it important to wait in line?
- Did everyone get a turn? Why/Why not?

INCLUSIVE TIPS:

- Person first focus, not the disability
- Seek clarification from the person of their needs
- Build on skills each week
- Set achievable tasks
- Use game play to develop skills
- Show consistency across sessions, (eg marker placement, colour) but perform different skills/games
- Be aware of and allow personal space
- Communicate regularly with teachers, guardians and/or parents
- Utilise support options; sign language interpreter, communication board, notes, etc
- Ensure participants are engaged and having fun

OVERALL SUMMARY:

- Treat every participant as an individual and respect them for their abilities and strengths
- Don't underestimate a persons ability
- Basic coaching principles apply
- Set achievable tasks
- Speak calmly
- Maintain consistency across sessions
- Allow personal space
- Implement an adaptable/flexible approach
- Use effective communication strategies

LEAVE NO ONE BEHIND
Information provided by Inclusion Alliance

Supported by:
INCLUSION ALLIANCE | Sport Inclusion AUSTRALIA | Blind Sports AUSTRALIA

For more information: www.inclusionalliance.org.au
contact details - info@inclusionalliance.org.au

Supported by collaboration partners.





AFL SportsReady – Certificate III and IV in Sport and Recreation

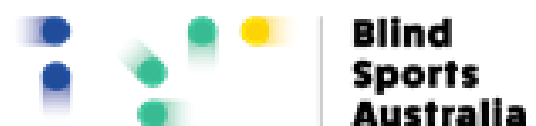
Inclusion Alliance have had fruitful discussions with AFL SportsReady regarding their Certificate III and Certificate IV courses in Sport and Recreation. The Inclusion Alliance was able to present our resource kits and also gained valuable insight into the education processes and VET (Vocational Educational Training) education requirements that underpin the development of the resources and certificate courses.

As a result of the discussions AFL SportsReady have decided to include a number of the Inclusion Alliance resources into the “SISSSC0005 Continuously Improve Coaching Skills and Knowledge Learner Guide.



For more information: www.inclusionalliance.org.au
contact details - info@inclusionalliance.org.au

Supported by collaboration partners.



Inclusion Alliance Movements

Inclusion Alliance Promotional Guide

After a number of months development, our statistics and overview inclusion video is finalised

For more information: www.inclusionalliance.org.au
contact details - info@inclusionalliance.org.au

Supported by collaboration partners.



Inclusion Alliance Movements

Inclusion Alliance Education Modules

Our two 45 minute modules covering coaching and NDIA staff are nearing completion. Currently the content is being peer reviewed and 4 small videos that will be embedded into the modules are nearing completion. The videos cover coaching and education tips from a hand on experience and / or from a lived experience point of view. We are currently reviewing the best way to utilise the coaching module; it is likely it will be made available to sports so as they can use it in their own accreditation courses. On completing the modules the user will receive a satisfactory completion certificate; such a document or step could be used in part for updating or renewal courses.

Inclusion Alliance Website

Soon to go live the site will contain Inclusion Alliance plans and concepts, case studies, resources, FAQ's, linkages, information on eligibility and classifications(with links to the IA partners sites), information on our stakeholder programs and new and media releases. We plan to conduct an information webinar or a face to face meeting for our stakeholders to coincide with the website launch - please watch out for further updates.

For more information: www.inclusionalliance.org.au
contact details - info@inclusionalliance.org.au

Supported by collaboration partners.

